



Before using the product, please carefully read this user manual to ensure safe and accurate usage.

Please note that the content of this manual might vary from the actual product due to differences in software version, firmware version, and model specifications.

<Components>

The SPOTU Pro product is composed of three essential components:

1 SPOTU Pro device, 1 strap, 1 wireless charger exclusively designed for SPOTU Pro

To begin using SPOTU Pro, it's essential to download the SPOTU application and install it on your mobile phone.



QR code

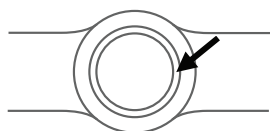
If you scan the QR code provided above using your mobile camera, it will lead you to the application installation page.

Position the head of the SPOTU device in the solar plexus area, as indicated in the accompanying picture, when wearing it. This ensures optimal functionality and accurate data collection.

<Registering the Device on Mobile Phone>

Once you've successfully installed the SPOTU mobile application, begin by completing your membership registration and logging in.

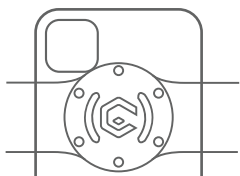
A. Activating Your SPOTU Pro Device (front)



Press and hold the central round button on the front of the device for 3 seconds.

This action will trigger a vibration, accompanied by LED lamp blinking and activation.

B. Registering Your SPOTU Pro Device (back)



Refer to the device connection settings available within the SPOTU app for seamless device registration.

<Warranty Information>

- The device is covered by a one-year warranty from the date of purchase, ensuring freedom from defects.

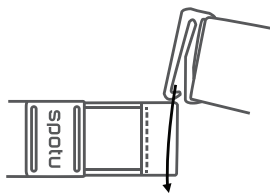
- Within the warranty period, the manufacturer will repair or replace the product free of charge.

- The warranty does not cover damage resulting from user negligence or improper handling.

<Wearing Your SPOTU Pro Product>

1. Attach the provided strap to the SPOTU Pro device and adjust its length according to your body type.

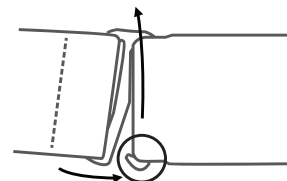
A. Attaching the Strap



Begin by securing the strap hook onto the fabric sensor hook situated on the side where the SPOTU logo is imprinted.

For easy wearing and removal, utilize the connection located on the opposite band.

B. Securing and Releasing the Strap Hook

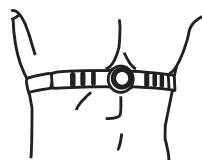


Once the strap hook is fastened, it remains securely in place.

Gently pull back and slightly retreat to the back for an effortless release, avoiding any force that may cause breakage.

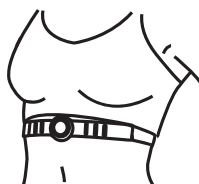
2. Wear the device with a sufficiently elastic strap to prevent slippage. Ensure direct contact with the skin for accurate results. For optimal heart rate measurement, place it as close to the heart as possible.

A. Position the device on your chest (man)



Place the device in the solar plexus area, as demonstrated above.

B. Position the device on your chest (woman)



Women should wear the device beneath a top, following the indicated arrangement as shown above.

<Checking Real-Time Heart Rate>

SPOTU is equipped with an ECG type heart rate sensor, ensuring precise heart rate measurement even during intense exercise. The pulsating LED lamp visually represents the heartbeat, with five distinct color changes indicating different heart rate zones. (The below example assumes a maximum heart rate of 190)

HR Zone / HR %	LED Colors
Zone 1 / 50~60% of Max HR	White ○
Zone 2 / 60~70% of Max HR	Blue ●
Zone 3 / 70~80% of Max HR	Green ●
Zone 4 / 80~90% of Max HR	Orange ●
Zone 5 / 90~100% of Max HR	Red ●

After usage, it's advisable to clean off any sweat or foreign substances from the device using a dry towel or tissue. Subsequently, store the device in a cool and dry environment. While the waterproof rating is IP67, extended exposure to excessive moisture, such as during swimming, could potentially lead to product malfunction.

<SPOTU Pro Usage Time>

Upon a complete charge, SPOTU Pro boasts an average usage time of up to 15 hours. Achieving a full charge typically takes around 2 hours.

<Caution>

-Engaging in activities like showering or swimming while wearing the device may lead to malfunction.

-Avoid opening or disassembling the device on your own. For both waterproof integrity and utilization of authorized components, any repairs should exclusively be carried out by personnel authorized by the manufacturer.

For after-sales service and inquiries: contact@spotu.io

Visit the SPOTU website: device.spotu.io

Find us on Official Instagram: [@spotu.official](https://www.instagram.com/spotu.official)

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